

# Welcome to Catford Community Church

*whether you're a regular or a visitor, you're very welcome*

*His intent was that now, through the church, the manifold wisdom of God should be made known - Eph 3:10*

## Being Human

Welcome to our Sunday morning service at Catford Community Church. Today Kim Knappett is leading and Phil Wood leading us in sung worship. Ian Butcher will be exploring Ephesians 5:21-6:9 a passage infamous for including the statement "Wives submit to your husbands." Actually this passage is about how we all relate to each other, and Paul uses some specific contexts as examples. We'll be looking into this today, and seeking to understand what this means for us in the 21st century.

## Good relationships in difficult times

It seems that everyone has something to say about the Coronavirus virus at the moment. As well the news, we've had updates and guidelines from churches, the local council, and school. On Thursday evening Tom Wright was happy to sign books, but not shake hands! There's tension between people saying that 'social distancing' is the only way to slow the spread of the virus to protect vulnerable people and other people saying that we need to carry on as usual to support each other.

But what does it mean to relate well to each other, to honour each other and want the best for each other, in these uncertain times. We mentioned last Sunday the importance of being in touch even if we are unable to be physically present with each other. How are you connected with other people at CCC, in your small group, people you pray with? Maybe now's the time to share your phone number with some other people who don't have it, and make sure you know how to contact them? Last Sunday we had a very helpful demonstration of good hand-washing. Today, let's make sure to look after each other by...

- washing you hands regularly
- not shaking someone's hand or hugging them unless they're happy for you to do so
- catching your coughs and sneezes in a tissue
- and following other advice from health services.

If you feel that you've got a cough that you can't explain or a high temperature, then the current advice is to stay home. If you do this, please let Ian or someone else know so that we can pray for you and keep in touch.

Opposite are some dates of events we're planning over the next few months - subject to cancellation because of Coronavirus - but why not get them in your diary now?

## Diary Dates

### Monday 16 March

PlayPoint @ 1:15pm

### Wednesday 18 March

Prayer Meeting @ The Point @ 6:30am

### Thursday 19 March

ConnectionPoint @ 10:30-12am

### Saturday 21 March

Men's Breakfast @ Selco Builder's Cafe @ 8:30am

Craft Morning @ 10.30am

### Sunday 22 March

Church Lunch @ Martyn & Maureen's @ 1:00pm

### Tuesday 24 March

Pins @ The Point @ 8pm

### Sunday 29 March

Tayn Hiley's Dedication @ The Calabash @ 10:30am

### Friday 10 April

Good Friday Service @ The Point @ 10:30am

### Sunday 12 April

Easter Sunday @ The Calabash @ 10:30am

### Friday 24 - Sunday 26 April

Weekend Away @ Ashburnham

### Thursday 21 - Sunday 31 May

Thy Kingdom Come - Prayer week

### Sunday 7 & 14 June

CCC Gift Day @ The Calabash @ 10:30am

### Saturday 20 June

CCC Seaside Trip @ Hastings? Margate? TBA!

### Sunday 28 June

CCC AGM @ The Calabash after the service



Catford  
Community  
Church

Transforming. Community. Life.

Services are very informal and all ages are welcome. At the end of the service please do stay and chat over tea or coffee.

Our Leadership Team are:

Ian Butcher, Maureen Biddiscombe,  
Margaret George, Kim Knappett,  
Simon Trodd and Phil Wood.

## XLP UPDATE

XLP have sent out an update thanking supporters for their support and interest in what XLP do. The XLP team gives so much and with unerring consistency to help young people from tough backgrounds. This was recognised at the London Impact Awards ceremony last month, where XLP won the Best Youth Voice award for their commitment to involving young people in the design and delivery of their work. XLP have always said that they want to do things with young people not just for young people, and historically have modelled this by taking on young people as staff and more recently as apprentices. They are also in the process of setting up a Youth Advisory Board, made up exclusively of young people who have come through XLP.

School exclusions have a devastating impact on a young person's outcomes in life. Less than 2% will get a good pass in English or maths. And 90% of teenagers in police custody have been excluded. The government recently produced a report reiterating the importance of starting early, having a long-term approach, and running both prevention and intervention programmes. This has always been the approach at XLP, and in the past year, they have pushed more into our work to reduce school exclusions, working both with those at risk of exclusion and those who have already been excluded. Keeping young people in school means they are much less likely to join a gang or get involved in antisocial behaviour and much more likely to have a positive future.

## ZACK'S STORY...

Zack started his journey with XLP when he was 12. He struggled with ADHD and was severely bullied in school. He has an older brother in prison and he grew up without a secure environment at home. After school, he worked briefly at McDonalds, but dropped out due to anxiety. Although he had continued to come to XLP's weekly youth group, most days were spent at home in anxiety smoking marijuana. When Zack had a baby, his motivation to get into work sky-rocketed and he joined XLP's Ready to Work project, where he showed a real determination to turn his life around. As part of the course, XLP arranges interviews, and Zack went for one at David Phillips furniture firm. After the interview, we got an email from the firm...

"I thought you would like some feedback on how Zack's interview went:

1. He turned up on time
  2. He arrived in a suit and tie
  3. He had exceptional manners
  4. He gave good, engaging responses to questions
- He stated he likes to be hands-on and build things so I offered him a role as an installer. He will be starting his training and induction on Monday. Needless to say he was overjoyed."

Eight weeks on, he is still there and thriving!



Hey Hun... more chips and salsa.  
submit, **SUBMIT!**..  
chop, chop



The Bell Curve - J. Green

## Needed and Offered

Maureen Biddiscombe is still looking for a basic sewing machine for someone who needs one.

Marilyn and Stuart are offering an attractive wooden wardrobe - do check with them if it's still available.



Lewisham Foodbank are reporting particular difficulties with the current crisis, and have seen a drop off in donations since the panic buying started. They are short of:

- corned beef
- long life juice
- toilet roll
- tinned carrots
- tinned peas
- tinned sweetcorn
- pasta sauce
- long life milk (green or blue)

## SUNDAY ROTA

### Refreshments

15 Mar - Sue A & Sue H  
22 Mar - Marilyn & Stuart  
29 Mar - Pat & Charlotte  
5 Apr - Elizabeth & Stephen

### Welcoming

15 Mar - Malcolm  
22 Mar - Carol  
29 Mar - Mabel  
5 Apr - Priscilla

Please let Joe know about any changes or swaps